

Over one million Canadians feel sick when exposed to fragrances. That's why, at Women's College Hospital, we have a fragrance-free policy.

Please respect it. Wear fragrance-free antiperspirant, lotion, after shave and hair products while at Women's College Hospital, and please do not wear perfume or cologne. Thank you.

How to find us

The Environmental Health Clinic at Women's College Hospital is located 790 Bay Street, Suite 950 (Corner of Bay & College Street).

Telephone: 416-351-3764
Toll-free: 1-800-417-7092
Fax: 416-323-6130

Or, visit our website

www.womenscollegehospital.ca,
and click on Programs and Environmental Health.



Form No. F-2126 (8-2013)



76 Grenville Street,
Toronto, ON M5S 1B2
T. 416-323-6400
womenscollegehospital.ca
womenshealthmatters.ca
womensresearch.ca
womenscollegehospitalfoundation.ca

Environmental Health Clinic

Promoting Environmental Health

Assessment, health-care advice and education for people with environmental sensitivities/intolerances, chronic fatigue syndrome/myalgic encephalomyelitis and fibromyalgia.



The Environmental Health Clinic

is a province-wide resource and academic role model for environmental health. Our health-care team will listen to your medical and environmental exposure history, do a physical exam and provide advice and education to promote optimal health, and to prevent further illness.

We partner with organizations and community groups to promote environmental health. The foundation of our work rests on knowledge, best practices, research and education.

What is environmental health?

The focus of environmental health is to prevent disease and to create health-supportive environments.

Factors that can affect environmental health include chemicals and contaminants in our air, soil, food and water, and the products we use in our homes, workplaces and on our bodies.

How can I get an appointment?

You, your family doctor or referring physician may contact the clinic to initiate

your consultation. If you do not have a family doctor, contact the College of Family Physicians or go to your nearest walk-in clinic.

After your consultation appointment(s), your family physician or referring doctor will receive a written report, outlining our assessment findings and providing suggestions for managing your ongoing care You and your family doctor are responsible for followup on these suggestions.

THE ENVIRONMENTAL HEALTH CLINIC CANNOT PROVIDE ONGOING CARE

How a referral works...

Previsit questionnaire

You will be sent a *Previsit Environmental Exposure Questionnaire* to complete and return. The Nurse Education Co-ordinator will contact you upon receiving the completed questionnaire. If you have questions or difficulties concerning the questionnaire, she will be pleased to help.

Appointment

We require your completed questionnaire, a written referral and specific lab results requested by the clinic prior to booking

an appointment. Your initial appointment wait-time may be up to thirteen months and will be scheduled four to six weeks prior to your appointment. Expect your initial consultation appointment to take approximately three hours. One to two followup appointment(s) can be provided within one year of your initial appointment.

Medications

When you come for your clinic appointment, please bring all of your prescription medications in their original bottle(s), as well as a list of non-prescription medications and vitamin/mineral supplements that you are currently taking.

Cost

The cost of all visits at the clinic is covered by OHIP.

How we can help you

The clinic is staffed with a health-care team of doctors, and a nurse education co-ordinator. We have a special interest and expertise in meeting the health-care needs of people with environmental sensitivities/intolerances, chronic fatigue/myalgic encephalitis and fibromyalgia.

Revised March 2012